

4 Isolation Rooms

4.1 General

An isolation facility aims to control the airflow in the room so that the number of airborne infectious particles is reduced to a level that ensures cross-infection of other people within a healthcare facility is highly unlikely. This may be achieved by:

- Control of the quantity and quality of intake or exhaust air
- Maintain different air pressures between adjacent areas
- Designing airflow patterns for specific clinical procedures
- Diluting infectious particles with large air volumes
- Air filtration – HEPA filters, etc.

Isolation facilities include the following types:

- Neutral or standard room air pressure, for example standard air conditioning, also known as Class S
- Positive room air pressure where an immune-compromised patient is protected from airborne transmission of any infection, Class P, including an Anteroom
- Negative room air pressure, where others are protected from any airborne transmission from a patient who may be an infection risk, Class N, including an Anteroom
- Negative room air pressure with additional barriers including an Anteroom, also known as Class Q for quarantine isolation

Isolation rooms have fairly high rates of air exchange relative to other patient areas. This applies to both ventilation air supply and exhaust flow rates. Potential draughts within the patient room can result, therefore thermal comfort of the patient needs special attention. Provision of individual thermostats in each room is required so that air temperature and relative humidity can be controlled from within the room. Refer to Part E in these Guidelines for further details.

Anterooms must be provided with self-closing doors and be of sufficient area to allow for the donning or removal of personal protective equipment or clothing and hand washing basins.

4.2 Anterooms

An Anteroom or airlock lobby, when attached to an Isolation room, functions as:

- A controlled area in which the transfer of supplies, equipment and persons can occur without contamination impacting on the surrounding health care areas
- A barrier against the potential loss of pressurisation
- Controls the entry or exit of contaminated air when the anteroom door is opened
- A controlled area where personal protective equipment (PPE) or clothing can be donned or removed prior to entry/ exit of the isolated area
- A controlled area providing hand washing facility prior to entry/ exit of the isolated room

Anterooms cannot be shared between Positive and Negative Pressure Isolation rooms in any circumstances. Anterooms should not be shared between two Isolation Rooms with the same kind of pressurisation (ie. two Negative Pressure Isolation Rooms or two Positive Pressure Isolation Rooms) in new buildings.

In refurbishment of existing facilities, due to limited availability of space, provision of a single Anteroom between two Isolation Rooms having identical kind of air pressurisation could be acceptable, however, it is not recommended.

The Anteroom will require sufficient space to allow for storage of Personal Protective Equipment (PPE) i.e. gowns and gloves for protective isolation. Provision of posters within the Anteroom to guide the correct use of PPE items is recommended.

Where an Ensuite is provided for the Isolation Room, the Ensuite entry door should not be located within the Anteroom. The typical Anteroom plan appears below:

Self closing door between anteroom and isolation room indicates negative pressure room as door swings outward. (For a positive pressure facility, door swings into isolation room)

All soap dispensers to discharge over Hand Washbasin type B

Self closing door from corridor to swing into ante room

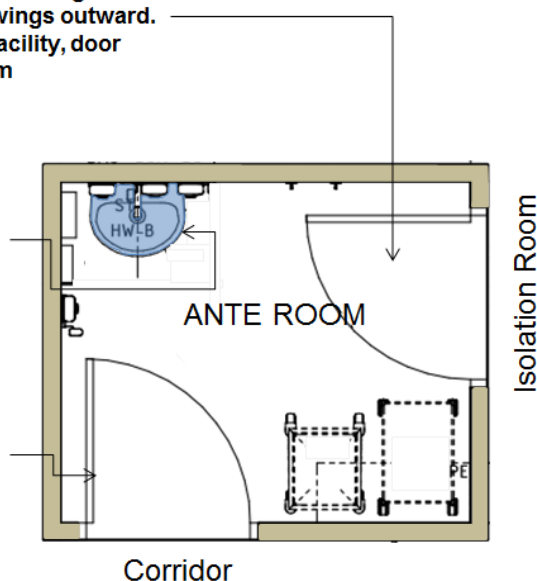


Figure 17: Typical Anteroom plan

The Anteroom is provided for access to the Bedroom by staff and visitors and does not need to permit bed access. Separate entry doors to the Bedroom are provided for bed access. Refer to Standard Components for the typical arrangement of Isolation Room, adjacent Anteroom and Ensuite.

Class N Isolation Room

The reason bed access is not required through the Anteroom includes the following principles:

- The patient Bedroom is on negative pressure in relation to the adjacent corridor. When the door to the Bedroom is open, air from the corridor will be drawn into the Bedroom, there is no escape of organisms from the Bedroom into the corridor
- Similarly, the Anteroom is negative pressure in relation to the corridor. When the door from the corridor to the Anteroom is opened, air is drawn from the corridor into the Anteroom
- The Bedroom is also negatively pressured in relation to the Anteroom. When the door between the Bedroom and Anteroom is open, air will flow into the Bedroom and not escape through the Anteroom
- Correctly balanced negatively pressured rooms will prevent air from the Anteroom, Bedroom and Ensuite escaping into the corridor

Negatively pressured rooms should have a pressure gauge and alarm system to advise when pressurisation has not been achieved. Display monitors with audible alarms connected to the Building Management System should be provided. Refer to Part E in these Guidelines for further information.

The flow of air for class N Isolation rooms and recommended pressure differentials is demonstrated in the diagram below:

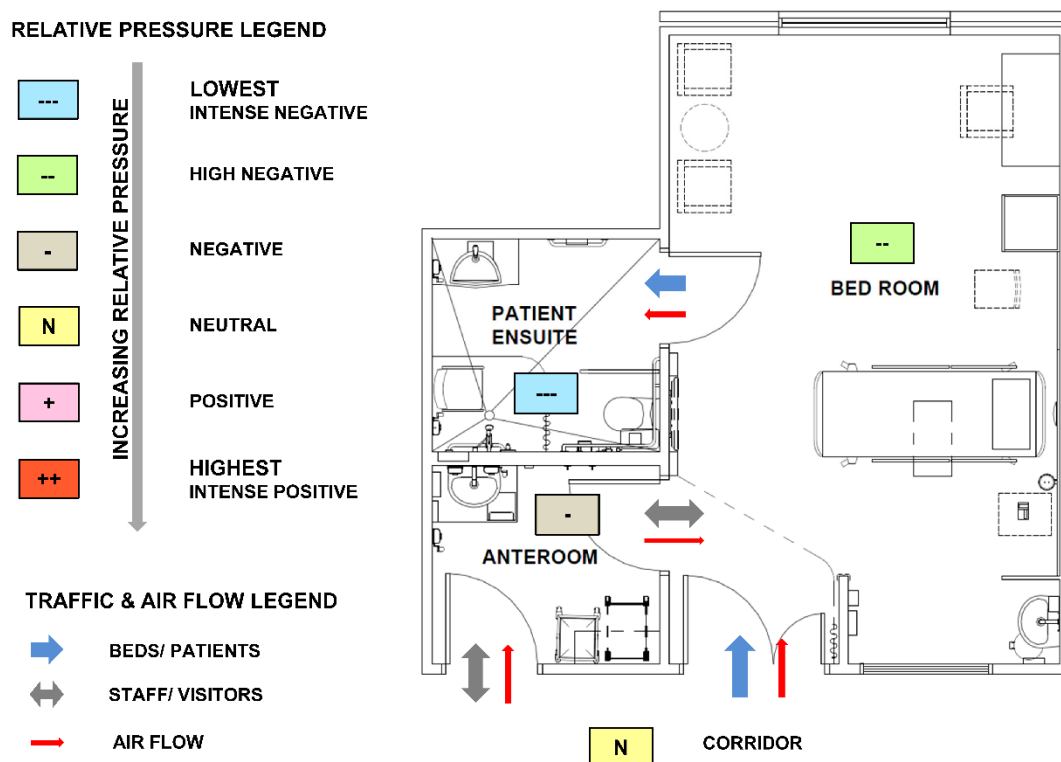


Figure 18: Typical Negative Pressure Isolation Room with Anteroom & Ensuite, showing airflows and relative pressure gradients

Class P Isolation Rooms

The reason bed access is not required through the Anteroom includes the following principles:

- The patient Bedroom is strongly positively pressured in relation to the adjacent corridor; when the door to the Bedroom is open, air from the Bedroom will be drawn into the corridor – there is no entry of organisms from the corridor into the Bedroom
- Similarly, the Anteroom is positively pressured in relation to the corridor, when the door from the corridor to the Anteroom is opened, air is drawn from the Anteroom into the corridor
- The Bedroom is also positively pressured in relation to the Anteroom, when the door between the Bedroom and Anteroom is open, air will flow from the Bedroom and into the Anteroom
- Correctly balanced positively pressured rooms will prevent air entering from the corridor and into the Anteroom, Bedroom and Ensuite

Positively pressured rooms should have a pressure gauge and alarm system to advise when pressurisation has not been achieved. Display monitors with audible alarms connected to the Building Management System should be provided. Refer to Part E in these Guidelines for further information.

The flow of air for class P Isolation rooms and recommended pressure differentials is demonstrated in the diagram below:

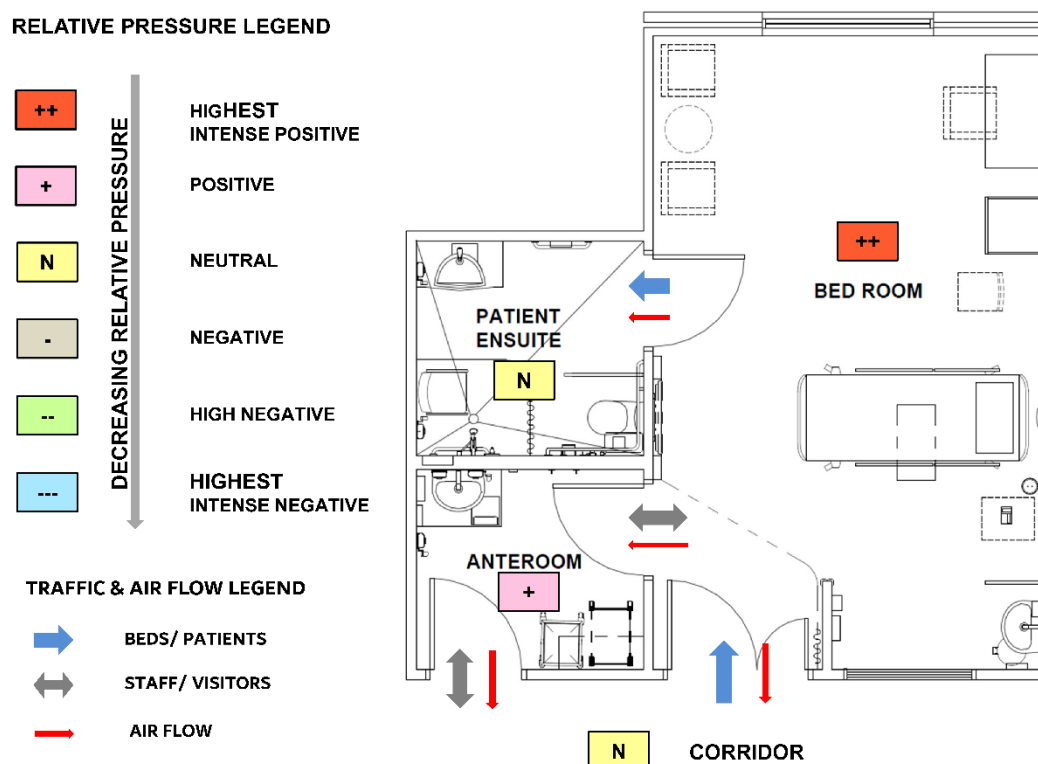


Figure 19: Typical Positive Pressure Isolation Room with Anteroom & Ensuite, showing airflows and relative pressure gradients

4.3 Recommended Pressure Gradients

Where an isolation room is not provided with an Anteroom, the recommended minimum differential pressure between the isolation room and adjacent spaces should be 5 Pa. If however an Anteroom is provided, the recommended minimum differential pressure between isolation room and ambient pressure should be 10 Pa.

Recommended pressure gradients are:

Type of Pressurization *	Isolation Room	Anteroom	Ensuite
Class S (Standard pressure)		Not required	
Class N (Negative Pressure)	- 10 Pa	- 5 Pa	- 15 Pa
Class P (Positive Pressure)	+ 10 Pa	+ 5 Pa	0 Pa

Table 4: Recommended Isolation Room Pressure gradients

Refer to Figure 18 above for a diagrammatic representation of the pressure differentials in the Negative Pressure Isolation rooms and Figure 19 above for pressure differentials in the Positive Pressure Isolation rooms.

4.4 Class S – Standard Pressure

A Standard Pressure room is used for patients requiring contact isolation. Normal air conditioning in this application should be appropriate. Standard pressure Isolation rooms may be used for other patients when not required for isolation purposes.

Recommended elements for Class S Isolation Rooms are as follows:

- A clinical handwash basin within the room
- An Ensuite shower and toilet
- A self-closing door

A pan sanitiser located near the room is an optional element for Class S Isolation Rooms.

The room requires labelling as a standard pressure isolation room.

4.5 Class N - Negative Pressure

Negative Pressure Isolation Rooms are for patients who require airborne droplet nuclei isolation (this includes pathogens such as measles, varicella zoster (chicken pox), legionella, tuberculosis, etc). The aim of placing patients in Negative Pressure rooms is to reduce the risk of infection via airborne transmission to other persons. Negative pressure rooms can also be known as “airborne infection isolation” rooms or “infectious isolation” facilities.

Negative pressure rooms should be located at the entry to an Inpatient Unit, so for the patient requiring isolation does not need to pass other patient areas to access the Isolation Room. An Anteroom must be provided for a Negative Pressure Isolation Room. The air pressure in the Isolation Room must be lower than the adjoining rooms or the corridor.

A dedicated exhaust system should be provided to the negative pressure isolation room. To maintain negative pressure the exhaust system removes a quantity of air greater than the supply air. The exhaust air duct should be independent of the building exhaust air system to reduce risk of contamination due to back draughts and should discharge away from staff, visitor and patient areas. The Isolation Room Ensuite exhaust should not be connected to the building toilet exhaust system.

A negative pressure Isolation Room requires the following:

- An Anteroom that operates as an airlock with interlocking doors, both doors must not open at the one time. The Anteroom must be large enough to permit bed movement in and out of the Isolation Room if direct doors from corridor to Isolation Room is not provided
- Alarm to be activated on loss of differential pressure. Time delay may be required to permit entry/ exit from Isolation Room
- A clinical handwash basin with ‘hands free’ operation in the Isolation Room and the Anteroom
- An Ensuite shower and toilet
- Self-closing doors with interlocking doors to Anteroom
- 100% outside air ventilation (i.e.no return air permitted), with low level exhaust ducts approximately 200 mm above floor level to discharge vertically to the outside air
- Supply air ducts are to be independent of the building supply air system
- For immunosuppressed and infectious patients, a HEPA filtration system should be provided on the supply air ducting to protect the patient from unfiltered air
- Exhaust air should be HEPA filtered and provided with UV irradiation
- Provision of a Pan/ Utensil Sanitiser is optional. If provided, it should be located within the Ensuite. Alternatively, disposables can be considered

Differential air pressure instrumentation panels are required external to the isolation and anteroom in a prominent location (e.g. adjacent to the corridor entry door). It is recommended that the isolation room controls are visible and accessible by staff. Whenever required, the negative pressure system can be corrected immediately. It is highly recommended to have display monitors connected to the Building Management System.

Air-conditioning systems for negative pressure Isolation Rooms should be connected to an emergency power supply to maintain air pressurisation in the event of a power failure.

The room requires labelling as a negative pressure Isolation Room.

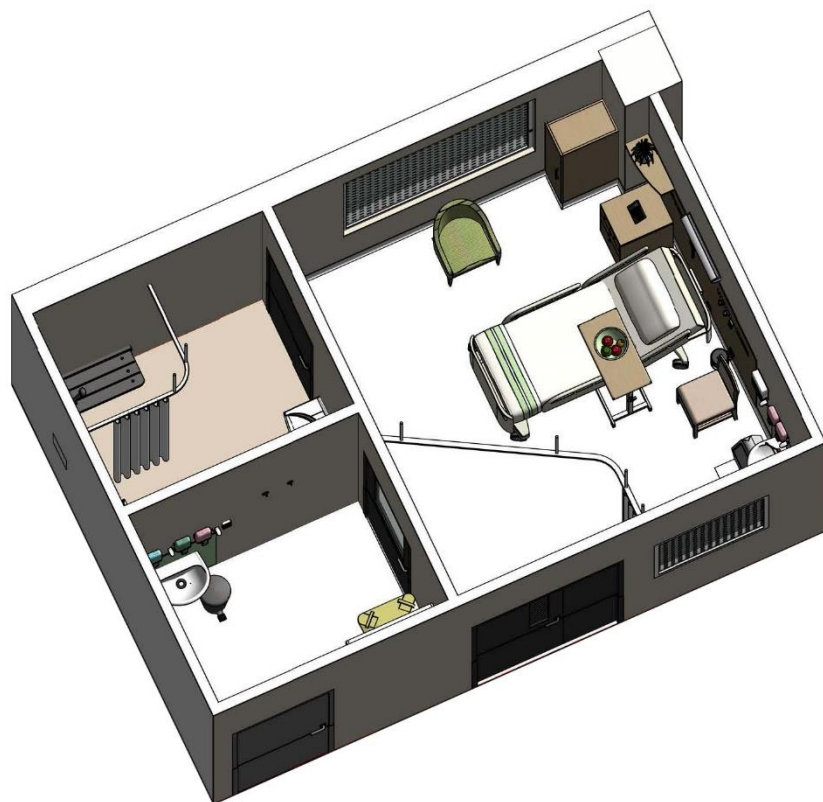


Figure 20: Negative Pressure Isolation room including Ensuite and Anteroom

4.6 Class Q Quarantine Isolation

Class Q Quarantine Isolation requires negative pressure isolation with additional protection for accommodating highly infectious patients with pathogens such as haemorrhagic fever and pneumonic plague. Class Q Isolation Rooms require the following provisions:

- Anteroom that operates as an airlock with interlocking doors, for both doors must not open at one time. The Anteroom must be large enough to permit bed movement
- Alarm to be activated on loss of differential pressure. Time delay may be required to permit entry/ exit from room
- Self-closing doors with interlocking doors to Anteroom
- An Ensuite shower and toilet
- A clinical handwash basin with 'hands free' operation in the Isolation Room and the Anteroom
- 100% outside air ventilation (i.e. no return air permitted), with low level exhaust ducts approximately 200 mm above floor level to discharge vertically to the outside air. Exhaust air should be HEPA filtered
- Supply air ducts to be independent to the building supply air system
- For immunosuppressed and infectious patients, a HEPA filtration system should be provided on the supply air ducting to protect the patient from unfiltered air
- Communication system between the room and the outside area. Also to assist staff movement in and out of the room
- A Pan/ utensil sanitiser in the attached Dirty Utility Room or alternatively, disposables can be considered

The relationship between the Anteroom, Patient Room, Ensuite and support rooms are demonstrated in the diagram below for an ultra-isolation facility.

The patient is transported on a bed or trolley and enters the patient room through an airlock. The airlock is sized to fit the bed within the room and is fitted with interlocking doors. The internal door will not open while the external door is open to maintain pressurisation.

Staff enter the Airlock/ Clean Utility, donning PPE in the Staff Change, and access the Bed Room through the Clean Utility/ Airlock. Waste (includes the doffing of PPE) are taken to the Dirty Utility, double bagged (using color coded hazardous waste bag) and is removed via the Airlock. Equipment is sterilised through a pass-through autoclave and is removed via the exit Airlock.

Interlocking doors are required to the Patient Bedroom, Staff Change and Airlocks to ensure that doors are not open at the same time. Exit of staff, equipment and waste proceeds in one direction only. Staff is prohibited to re-enter the Dirty Utility or the Bedroom from the Change Room.

Staff re-enter the suite through the Airlock/ Clean Utility, donning the PPE in the Staff Change.

The Patient Bedroom should be capable of intensive care treatment with dialysis and be able to accommodate an oversized bed (bariatric bed). Service pendant arms should be fully sealed, otherwise wall services should be provided.

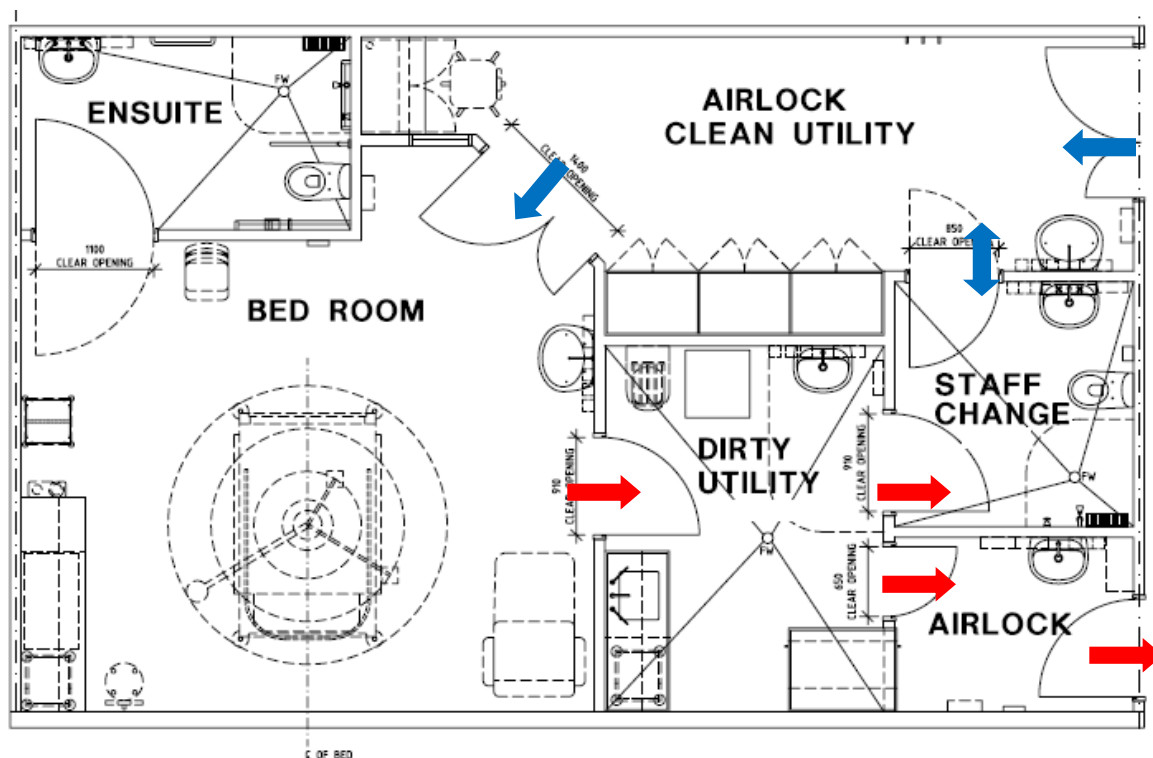


Figure 21: Typical plan of Class Q Quarantine Suite.

Legend:



Entry for Patient and Staff



Exit for Staff, decontaminated equipment and waste

4.7 Class P - Positive Pressure

Positive pressure Isolation Rooms relative to the ambient pressure are used to isolate immune-compromised patients, for example oncology and some transplant patients. The intent is to reduce the risk of airborne transmission of infection to a susceptible patient. These rooms are also known as 'protective isolation units' or 'protective environment' rooms (PE rooms).

The Isolation room is provided with a higher pressure in relation to the adjoining rooms or spaces.

The positive pressure Isolation Room requires the following:

- Anteroom that operates as an airlock with interlocking doors. Both doors must not open at the one time. The Anteroom must be large enough to permit bed movement in and out of the Isolation Room if direct doors from corridor to Isolation Room is not provided
- Alarm to be activated on loss of differential pressure. Time delay may be required to permit entry/ exit from room
- A clinical handwash basin with 'hands free' operation in the Isolation Room
- An Ensuite shower and toilet
- Self-closing doors with interlocking doors to Anteroom
- A HEPA filtration system provided to the supply air duct to protect patients from unfiltered air
- Low level exhaust ducts approximately 200 mm above floor level

Positive pressure Isolation Rooms may share a common air system provided minimum outdoor air requirements comply with local regulations. A HEPA filter however must be fitted to the supply air inlet. A HEPA filter is not required to the exhaust air, as the exhaust air is not considered infectious.

Differential air pressure instrumentation panels are required external to the Isolation Room in a prominent location (e.g. adjacent to the entry door).

The room requires labelling as a positive pressure Isolation Room.

4.8 Class A - Alternating Pressure

Rooms with reversible airflow mechanisms, which enable the room to have either negative or positive pressure, should NOT be used. This is due to difficulties in configuring the appropriate airflow associated with a complex engineering, and the high risk of error during operational use for two fundamentally different purposes. For example, placing a patient requiring airborne isolation requiring negative pressure isolation in a positive pressure room could have catastrophic infection control results.

4.9 Schedule - Isolation Room Requirements

The individual components for each type of Isolation Room are identified below.

Component	Standard Pressure Class S	Negative Pressure Class N and Class Q	Positive Pressure Class P
Anteroom	Not required	Yes	Yes
Ensuite (shower and toilet)	Yes	Yes	Yes
Hand basin with hands free operation	Yes	Yes	Yes
Pan Sanitiser (Disposables are acceptable as alternative provision)	Optional	Optional for Class N Required for Class Q	Optional
Self-closing door to room	Yes	Yes	Yes
Grille flap to control room air flow	-	Yes	Yes
Independent air supply	-	Yes	-
100% intake of fresh air	-	Yes	-
Low level exhaust 200mm above floor level	-	Yes	Yes
HEPA filter on supply air	-	-	Yes

Component	Standard Pressure Class S	Negative Pressure Class N and Class Q	Positive Pressure Class P
HEPA filter on exhaust air	-	Yes	-
Pressure monitoring	-	Yes	Yes

Table 5: Schedule of Isolation Room Requirements

Note: Type A alternating pressure Isolation is NOT permitted. Therefore, its requirements have not been included in the Table 5 above. Also refer to *Part E - Engineering Services* for further information.

4.10 Number of Isolation Rooms

The required number of isolation rooms should be determined by:

- Trends in disease of the general population
- Demographic trends of the population catchment area
- The health facility's speciality services or any projected change to these services

A minimum of 60% of the total bed complement in overnight stay Inpatient Accommodation Units (IPUs) across the whole facility should however be provided as single Bedrooms or Class S Rooms, (shared rooms are generally not suitable for infection prevention and control). A maximum of 4 beds per room within medical/ surgical IPUs is recommended. Dormitory style wards are deemed no longer acceptable and should be avoided.

All IPUs providing overnight accommodation should provide at least one 'Class S – Standard' Isolation Room.

Facilities should provide at least two 'Class N negative pressure' Isolation Room per 60 overnight IPU beds. Additional 'Class N Negative Pressure' Isolation Rooms may be required to meet service profile demands and model of care of the IPU or facility.

There is no set standard for the provision of positive pressure (Class P) Isolation Rooms. The provision of Class P rooms is determined by the service profile and the model of care for the FPU and the facility. The service profile should be based on local population requirements, including prevalence of cancer, AIDS, cystic fibrosis, organ transplant and other conditions that may compromise immunity within the population and an evaluation of threats from pathogens such as aspergillosis. However, at the minimum, there should be two 'Class P positive pressure' Isolation Rooms per every 60 overnight IPU beds.

Available data will inform the service profile of the facility and determine isolation room requirements in regard to number, type and placement of isolation rooms. Data collection should include:

- The number of patient admissions with infections known or suspected to require isolation
- The general duration of isolation required
- Seasonal variation of diseases to determine peak periods of infection
- Infection trends in the populations served by the facility
- Specialties of the healthcare facility

4.11 Transport of Infectious Patients

It is recommended that transport of infectious patients is limited to movement. Considered medically essential by the clinicians, e.g. for diagnostic or treatment purposes. Where infectious patients are required to be transported to other units within the hospital or outside, the following precautions may be implemented:

- Infected or colonised of the patient's body are covered:
 - For contact isolation this may include a gown, sheets or dressings to surface wounds. These patients are transferred to a Standard Pressure or Protective Environment Isolation room.

- For respiratory isolation the patient is dressed in a high filtrating mask, gown and covered in sheets. These patients are accommodated in a Negative Pressure Isolation Room.
- For quarantine isolation the patient may be transported in a fully enclosed transport cell or isolator with a filtered air supply and exhaust. These patients are accommodated in a high-level quarantine isolation suite.
- The transport personnel remove existing PPE, cleanse hands and transport the patient on a wheelchair, bed or trolley. Applying clean PPE to transport the patients and when handling the patient at the destination. Donning and Doffing rooms located at the entry to a Unit will assist the staff to enter and exit the facility according to the strict infection control protocols required, thereby reducing the risk of contamination.
- The destination unit should be contacted and notified prior to the transfer to ensure suitable accommodation on arrival.
- It is preferred that the patient is transported through staff and service corridors, not public access corridors during planning stages. Design can assist transfer of infectious patients by providing service corridors and strategically placed lifts, capable of separation from other lifts. The nominated lift may be isolated from public and staff transit through access control measures and cleaned following transit of the infectious patient.
- Design may also incorporate a designated floor for horizontal bed transfers of infectious patients away from busy clinical areas. The designated floor may be located at mid-level in the hospital.
- A combination of nominated lifts, corridors and a bed transfer floor would assist in the movement of infectious patients through the hospital and minimise the risk of spread of infection.